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**NSRE 2000** Version 6A November, 2000

#### LIFESTYLE INDICATORS MODULE

Interviewer Read--Next I would like to read a list of activities and interests that describe people's lifestyles. Please tell me if this is an activity that you do frequently, sometimes, or never as a part of your lifestyle.

<Do not read the category names to respondents.>

### Hobbies or Other Interests

LIFE A1 Spend time on creative arts such as painting, playing a musical instrument, writing, etc.

> 1. Frequently 2. Sometimes

8. Don't Know

9. Refused

3. Never

LIFE\_A2 Enjoy making things out of wood, metal, or other materials or doing home improvement or auto maintenance.

> 1. Frequently 2. Sometimes

8. Don't Know

9. Refused

3. Never

LIFE A4 Invest in and keep up with the stock market.

1. Frequently

8. Don't Know

2. Sometimes

9. Refused

3. Never

### Chores at Home

LIFE B2 Grow garden vegetables or fruit.

> 1. Frequently 2. Sometimes

8. Don't Know

9. Refused

3. Never

#### Family Activities

LIFE\_C1 Spend time raising children or attending activities related to them?

> 1. Frequently 2. Sometimes

8. Don't Know

9. Refused

3. Never

# LIFE\_C3 Take care of and play with pets? 8. Don't Know 1. Frequently 2. Sometimes 9. Refused 3. Never Work LIFE\_D3 Commute 45 minutes or more every work day. 1. Frequently 8. Don't Know 2. Sometimes 9. Refused 3. Never Sports Spectatorship LIFE\_E1 Watch sports on television, attend ball games or follow professional or college sports? 1. Frequently 8. Don't Know 2. Sometimes 9. Refused 3. Never Community, Civic or Church Involvement LIFE\_F4 Attend religious services and church gatherings. 1. Frequently 8. Don't Know 2. Sometimes 9. Refused 3. Never Vacation and Travel LIFE G1 Take yearly vacations away from home? 1. Frequently 8. Don't Know 2. Sometimes 9. Refused 3. Never Education and Self-learning LIFE\_H1 Read nature, wildlife, or environmental magazines 1. Frequently 8. Don't Know 2. Sometimes 9. Refused 3. Never LIFE H3 Attend cultural events, concerts or other performing arts 1. Frequently 8. Don't Know 2. Sometimes 9. Refused 3. Never

LIFE\_H4 Read news, business, or professional magazines or keep up with new technology and gadgets?

1. Frequently

8. Don't Know

2. Sometimes 3. Never

9. Refused

# Health and exercise

LIFE\_I2 Visit a fitness club, walk outdoors, or otherwise exercise at least 3 times a week? <if needed, examples of exercise include walking, running or jogging, working out with weights, aerobics>

> 1. Frequently 2. Sometimes

8. Don't Know

9. Refused

3. Never

### **Environmental Behaviors**

LIFE\_J2 Actively participate in an environmental or conservation organization.

1. Frequently

8. Don't Know

2. Sometimes

9. Refused

3. Never

## Technology and Fads

LIFE\_K2 Use the Internet, e-mail or personal computers at home

1. Frequently

8. Don't Know

2. Sometimes

9. Refused

3. Never

#### Socializing and Friends

LIFE\_L1 Get together socially with friends or neighbors

1. Frequently

8. Don't Know

2. Sometimes

9. Refused

3. Never

# Going Out and Eating Out

LIFE\_M1 Eat out in restaurants, including fast food, or order take-out food 2 or more times a week

1. Frequently

8. Don't Know

2. Sometimes

9. Refused

3. Never